

## Factsheet - Army Benevolent Fund (ABF)

The ABF is the Army's national charity and is committed to the Welfare of Army and ex-Army personnel and their families. They strive to ensure that the best possible support is available to those families in "real need". This support is given in two ways:

- Financial support is given to individuals through Regimental and Corps Benevolent funds and normally takes the form of an ABF grant to supplement whatever the Regiment or Corps has the resources to provide
- Help is also provided through the substantial financial grants, which the ABF makes on behalf of all Regiments and Corps of the Army to the charitable organisations which provide for the special needs of the soldier, ex-soldier and his or her family

The ABF can help you if you are:

- A member or former member of the British Regular Army, or a dependant of one, including spouses, former spouses, widows, widowers, children and other dependants
- A member or former member of the Reserve Army (and their dependants as defined above). Current members must have completed one years satisfactory service, and former members 3 years satisfactory service, or for a lesser period if death, injury or distress arises from any action or incident whilst on military duty

Officers or retired officers with substantial other rank services will be considered by the Fund, but in principle all cases are referred to the Officers Association for consideration.

### For further information:

Contact the Army Benevolent Fund on **0845 241 4820** or visit their website at [www.armybenfund.org](http://www.armybenfund.org)