



Factsheet - The Soldiers, Sailors, Airmen and Families Association (SSAFA Forces Help)

The Soldiers, Sailors, Airmen and Families' Association (SSAFA) Forces Help is the leading national charity committed to helping and supporting those who serve in our Armed Forces, those who used to serve, and the families of both.

SSAFA Forces Help provide assistance to anyone who has completed one days paid service in the Army Navy and Air Force including those who completed National Service. SSAFA also helps the dependants and immediate relatives of ex-service men and women. As well as this SSAFA supports members of the Reserve Forces and Territorial Army.

SSAFA supports the ex-service community through a network of volunteers who visit people in their homes to assess the difficulty they are facing. These volunteers are known as Case Workers. They assist people with problems that maybe -

- Practical
- Financial or
- Emotional

Practical problems may include difficulty with activities like going shopping, or moving around the home. Emotional problems could relate to loneliness or bereavement and financial problems such as debt, may arise because of illness or maintenance costs to the home.

As well as providing case workers across the country SSAFA Forces Help has a Housing Advisory Service that offers free, confidential advice on a range of housing issues. In connection with this the charity runs a care home in the Isle of Wight, bungalows for disabled ex-service men and women and other special accommodation for individuals and families.

To contact the Welfare Team or Housing Advisory Service call 0845 1300 975

To find the contact details of a Branch in your area or to learn more about the support SSAFA provides to the current serving community visit ssafa.org.uk.